

## Tasty natural muesli

### Ingredients

- 3 cups Good Morning Puffs
- 1 cup bran
- ½ cup LSA
- ½ cup chopped dried pears
- ½ cup sultanas
- ½ cup sunflower seeds
- ½ cup slivered almonds

### Method

1. Mix well.
2. Serve with milk, a tablespoon of yoghurt and a drizzle of honey.



Best served with milk, a tablespoon of  
yoghurt and a drizzle of honey